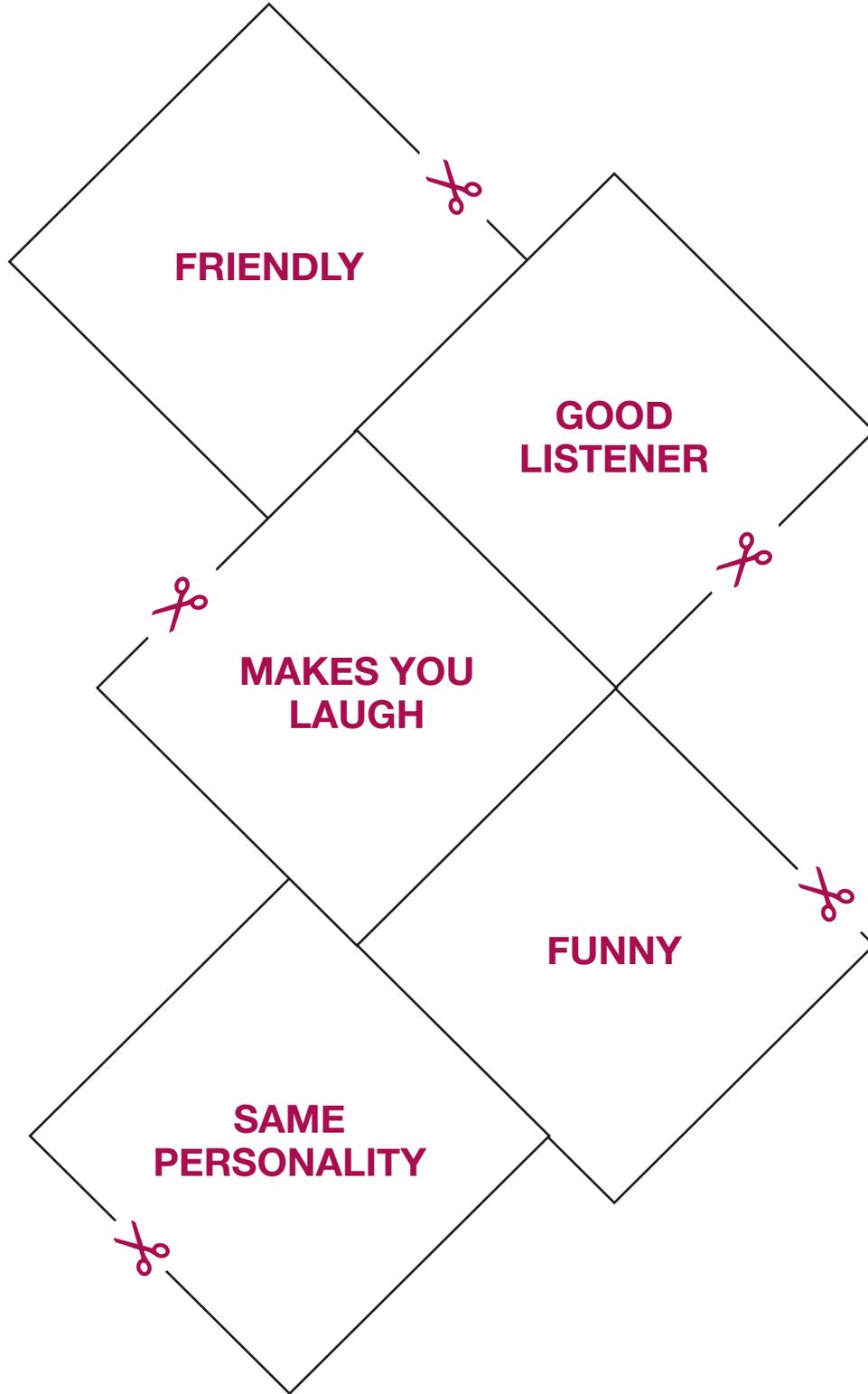
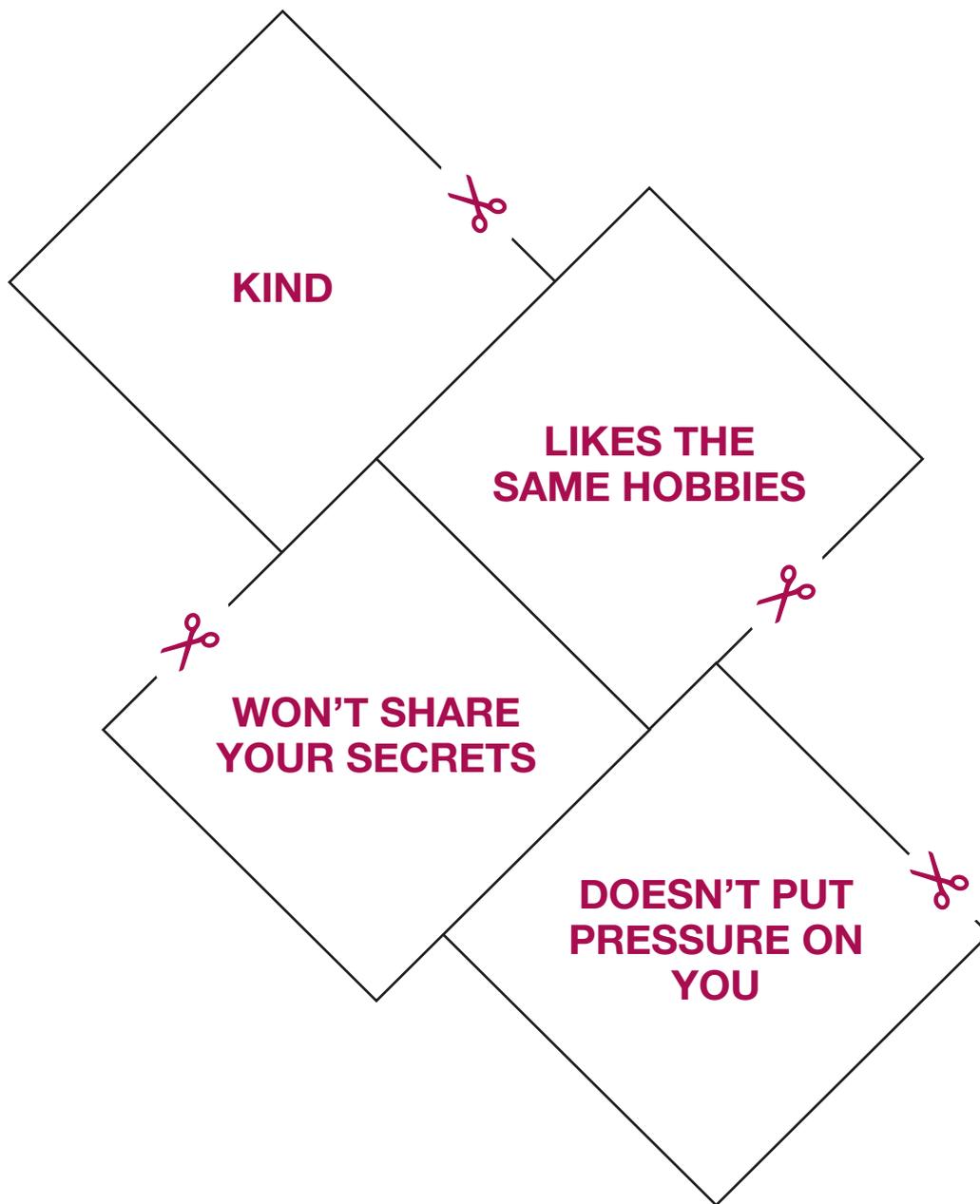




Worksheet 3.1:
Diamond Nine Template





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Worksheet 3.2:

What would you do quiz?

Scenario 1

Your friend has sent you a message on WhatsApp and you've read it. You actually have to study for an exam in the morning so you don't want to write back straight away as you are busy. You know that he/she might be really annoyed if don't respond immediately. What do you do?

- A. Write back and explain to your friend that you are studying
- B. Ignore the message but know that you will have to explain yourself in the morning
- C. Write back and ignore your study, it is only a stupid test

Scenario 2

Whenever your friends post pictures online, you have to like their posts straight away. If you don't, you are a bad friend, or so they tell you. You turn your phone off one evening but the following morning at school your friend starts giving you a hard time because you weren't online and didn't like her/his new profile picture on time. What do you do?

- A. Explain to your friend that you need a break from technology every now and then
- B. Apologise to your friend and say you will like their picture as soon as you can
- C. Explain to your friend that you forgot, but that it also doesn't mean you are a bad friend

Scenario 3

You and your friend are checking your social media profiles. Your friend has over 10 friend requests to respond to but no one has added you in at least a week. You don't really want to add people if you don't know them in real life, but your friends are laughing at you and saying that you have no friends. What do you do?

- A. You begin to add some 'friends of friends' to try to fit in more
- B. You explain to your friends that you would prefer to be safe online and you are fine with having less 'friends' than them
- C. You add lots of new people online so that you have just as many 'friends and followers' as your friends



Scenario 4

Your friend has seen a funny meme posted online about someone in your year group. They have liked it and keep telling you to share it, saying it is only a laugh and not to be so sensitive. What do you do?

- A. You refuse to share the meme as it isn't a nice thing to do
- B. You share the meme, but hope no one finds out
- C. You let the person who is in the meme know what is going on online

Scenario 5

You have been chatting to someone over the comments section of a YouTube video for some time. They ask you for your number to chat and your friend encourages you to do it; saying things like 'don't be a bore' and 'just send it.'

- A. You give your number, not because of what your friends said, because you think the person is really nice
- B. You don't give your number and you explain to your friends that they shouldn't put pressure on you like that
- C. You give a fake number, but also tell a parent or a teacher so they know what is going on

Answer key

Scenario 1: A (2), B (1), C (0), **Scenario 2:** A (2), B (0), C (1), **Scenario 3:** A (1), B (2), C (0), **Scenario 4:** A (2), B (1), C (0), **Scenario 5:** A (0), B (2), C (1)

0–4: You've got some work to do. It is difficult to know what the right thing is to do online. Try to chat to your friends about the pressures you feel while online and chat about what you expect from each other. Try not to give in to peer pressure and chat to a trusted adult if you are feeling stressed.

4–6: You're on the way! You are on the right path and you have a good group of friends. You know what is right, but sometimes you allow yourself to be influenced by others. Speak to a trusted adult if you are feeling stressed.

6–10: You're a good online friend! Well done, you are a really strong individual and you try to do the right thing online and offline. You try not to allow peer pressure affect you and you are well able to speak your mind. You have a strong friendship group who are supportive and don't put unnecessary pressure on each other.

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Worksheet 3.3: (Extended Activities)

A Applying peer pressure

You don't want to go to Geography class as you know there will be a test. It is the last lesson of the day and the classroom is right next to the school gate. No one would notice if you just slipped out. You ask a friend to cover for you, it will be fine. You want to go to the park as it is a nice day but you don't want to go alone. You ask your friend to come with you, but he/she is usually a goody-two-shoes. You need to think of everything you possibly can to convince him/her to come with you.

- You are not allowed to curse
- You are not allowed to physically drag him/her



B Resisting peer pressure

You have actually studied for this Geography test as you did so poorly on the last one. You really don't want to skip the Geography class. The teachers is strict and your parents would be so angry if they found out that you skipped a lesson. They keep saying that _____ is a bad influence on you. Although it is a nice day, you need to refuse A's attempts to persuade you.

- You are not allowed to say the word 'no'
- You need to try to convince your friend to do the right thing and not bunk class



C You are the bystander

You are standing beside A and B listening to their conversation but you are not allowed to say anything. You are simply watching the discussion.

- When your teacher says you are allowed to speak, you need to pick a side between A and B, and argue with them



“Back me up” Peer pressure

Intended learning outcomes	I'm still not sure	I'm nearly there	I've got it
I can define peer pressure and gives examples of how it can happen online			
I can identify how a good friend should behave online and I can judge if I am a good online friend			
I can give advice to others about to resist peer pressure online and offline			

Exit slip

3 Things I have learned today ...

2 Things I already knew ...

1 Question I still have ...

“Back me up” Peer pressure

Intended learning outcomes	I'm still not sure	I'm nearly there	I've got it
I can define peer pressure and gives examples of how it can happen online			
I can identify how a good friend should behave online and I can judge if I am a good online friend			
I can give advice to others about to resist peer pressure online and offline			

Exit slip

3 Things I have learned today ...

2 Things I already knew ...

1 Question I still have ...



Worksheet 3.4: Exit slip



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