Matrix of activities:

An overview of what to expect

Film Key issues **Activities**

1. "Gone too far"

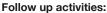


Cyberbullying with an

LGB&T focus







A: Role-play: What happens next? B: Triangle 6 * C: Moral thermometer *

Plenary



20 mins



PSHE Association Programme of Study

Core theme 2: Relationships

Pupils should have the opportunity to learn:

- 26. about the unacceptability of sexist, homophobic, transphobic and disablist language and behaviour, the need to challenge it and how to do so
- 27. to recognise bullying and abuse in all its forms (including prejudice-based bullying both in person and online/via text, exploitation and trafficking) and have the skills and strategies to manage being targeted or witnessing others being targeted
- 28. the support services available should they feel or believe others feel they are being abused and how to access them
- 34. the safe and responsible use of information communication technology (including safe management of own and others' personal data including images)

Film Key issues **Activities**

2. "Just send it"



Sexting, consequences and the law



Starter Film

Discussion

Follow up activities:

A: How to help Abi: text response B: Quiz about the law

C: Moral compass - challenging different viewpoints *

20 mins

5-15 mins

PSHE association curriculum links

Core theme 2: Relationships

Pupils should have the opportunity to learn:

- 6. the features of positive and stable relationships (including trust, mutual respect, honesty) and those of unhealthy relationships
- 18. that consent is freely given and that being pressurised, manipulated or coerced to agree to something is not 'consent'; that the seeker of consent is responsible for ensuring that consent has been given and if not given or withdrawn, that decision should always be respected.
- 19. to learn the law in relation to consent
- 29. to recognise peer pressure and have strategies to manage it
- 34. the safe and responsible use of information communication technology (including safe management of own and others' personal data including images)





Film Key issues **Activities**

3. "Back me up"



Peer pressure and resolving conflict with a focus on the role of the bystander



Starter *

Film Discussion *



20 mins

10 mins

each

Follow up activities:

- A: What is a good friend?
- B: What would you do quiz? *
- C: What advice would you give? Poster campaign 3

PSHE association curriculum links

Core theme 1: Health and wellbeing

23: to recognise and manage different influences on their decisions about the use of substances (including clarifying and challenging their own perceptions values and beliefs) including managing peer influence

Core theme 2: Relationships

Pupils should have the opportunity to learn:

- 1. the qualities and behaviours they should expect and exhibit in a wide variety of positive relationships (including teams, class, friendships etc.)
- 29. to recognise peer pressure and have strategies to manage it
- 34. the safe and responsible use of information communication technology (including safe management of own and others' personal data including images)

Film Key issues **Activities**

4. Talking Heads



Self-esteem in relation to the use of social media



Starter * Film

Discussion

15 mins

10-15

mins each

Follow up activities:

A: Can you guess from the profile picture? - is everything what it seems online?



B: How can you help? C: How to boost self-esteem discussion '

Plenary

PSHE association curriculum links

Core theme 1: Health and wellbeing

- 1.to recognise their personal strengths and how this affects their self-confidence and self-esteem
- 2. to recognise that the way in which personal qualities, attitudes, skills and achievements are evaluated by others, affects confidence and self-esteem
- 16. how the media portrays young people, body image and health issues and that identity is affected by a range of factors, including the media and a positive sense of self

Worksheets found at end of each lesson



